

BEFORE



Reflect on your decision to attend the course - what do you want out of it?



Familiarize yourself with the course material so that your brain is ready for the discussions.

How we nudge you



Influence the course: Submit, for example, a topic you would like to have addressed.

DURING



Ask questions: Then your brain better processes the new knowledge.



Listen to your fellow course participants: Learn from the perspectives and challenges of others.

How we nudge you



We create a safe space with room for wonder and discussion.

AFTER



Share your new knowledge with your colleagues: Repetition of your new knowledge anchors it in your brain and help others.



Connect with the other course participants on LinkedIn and extend your network.

How we nudge you



We ask for your feedback – not only to improve, but also to make you reflect on what you have learned.